



Rutland County Council

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Minutes of the **MEETING of the RUTLAND HEALTH AND WELLBEING BOARD** held in the Council Chamber, Catmose, Oakham, Rutland LE15 6HP on Tuesday, 16th January, 2024 at 2.00 pm

PRESENT

1.	Mike Sandys VICE CHAIR	Director of Public Health for Leicestershire & Rutland, LCC
2.	David Williams	Group Director of Strategy & Partnerships, Leicestershire Partnership NHS Trust & Northamptonshire Healthcare NHS Foundation Trust
3.	Dawn Godfrey	Strategic Director of Children and Families (DCS), RCC
4.	Debra Mitchell	Deputy Chief Operating Officer, LLR ICB
5.	Duncan Furey	Chief Executive Officer, Citizens Advice Rutland
6.	Ian Crowe	Armed Forces Representative
7.	Janet Underwood (Dr)	Chair, Healthwatch Rutland
8.	Kim Sorsky	Strategic Director for Adult Services and Health (DASS), RCC
9.	Tim Smith (Councillor)	Portfolio Holder for Children and Families, RCC

APOLOGIES:

10.	Diane Ellison (Councillor) CHAIR	Portfolio Holder for Adults and Health, RCC
11.	Liam Palmer (Sgt)	Leicestershire Police
12.	Sarah Prema	Chief Strategy Officer, LLR ICB
13.	Karen Kibblewhite	Head of Commissioning, RCC

ABSENT:

14.	Louise Platt	Executive Director of Housing, Care and Support, Longhurst Group
15.	Lynette Freire-Patino (Dr)	Clinical Place Lead – Rutland, LLR ICB

OFFICERS PRESENT:

16.	Adrian Allen	Assistant Director - Delivery, Public Health
17.	Jane Narey	Scrutiny Officer, RCC
18.	Katherine Willison	Health and Wellbeing Integration Lead, RCC
19.	Mitch Harper	Strategic Lead – Rutland, Public Health
20.	Susan-Louise Hope	Strategic Lead – Rutland Commissioning, Public Health

IN ATTENDANCE:

21.	Janet Harrison	Head of Service for Families, Young People & Children's Services, Leicestershire Partnership NHS Trust
22.	Ian Reynolds	Armed Forces Officer, RCC
23.	Jane Kibble	Principal Occupational Therapist, RCC
24.	Kelly McAleese	Adult Social Care Principal Social Worker and Quality Lead, RCC
25.	Sammi Le-Corre	Senior Integration & Transformation Project Officer, NHS Leicester, Leicestershire and Rutland

1 WELCOME AND APOLOGIES RECEIVED

The Vice Chair, Mike Sandys, welcomed everyone to the meeting and stated that he would be chairing the meeting in the absence of the Chair, Councillor Diane Ellison. Apologies were received from Councillor Ellison, Sergeant Liam Palmer, Karen Kibblewhite and Sarah Prema.

2 RECORD OF MEETING

The minutes of the Rutland Health and Wellbeing Board meeting held on the 10th October 2023 were approved as an accurate record.

3 ACTIONS ARISING

Action 1

An 'easy read' summary version of the Communication and Engagement Plan had been completed for public use and a copy would be sent to Healthwatch for comment. Katherine Willison, Health and Integration Lead reported that the 'easy read' summary version would be reviewed/approved by the Patient Participation Group before being distributed.

Action 2

It was agreed that the Deputy Chief Operating Officer would check to ensure that the suggested health actions in the Area SEND Inspection Report were referenced in the Rutland Health Plan.

Debra Mitchell, Deputy Chief Operating Officer of the LLR ICB confirmed that the action was completed and that the suggested health actions were in the Rutland Health Plan.

4 DECLARATIONS OF INTEREST

There were no declarations of interest.

5 PETITIONS, DEPUTATIONS AND QUESTIONS

There were no petitions, deputations or questions.

6 QUESTIONS WITH NOTICE FROM MEMBERS

There were no questions with notice from members.

7 NOTICES OF MOTION FROM MEMBERS

There were no notices of motion from members.

8 SPEECH AND LANGUAGE THERAPY

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Janet Harrison joined the meeting at 2.06 p.m.

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A) RUTLAND SPEECH AND LANGUAGE THERAPY PERFORMANCE REPORT

Report No. 15/2024 was received from Janet Harrison, Head of Service for Families, Young People & Children's Services at Leicestershire Partnership NHS Trust. During the discussion, the following points were noted:

- The SALT service had experienced resource and capacity issues regarding their staffing levels and data recording system.
- These issues had now been resolved and the Speech and Language Therapy service would provide quarterly performance updates regarding Rutland children and young people to the Rutland Children and Young People Partnership.

RESOLVED

That the Board:

- a) **NOTED** the current demand and waiting list position for Speech and Language Therapy in Rutland.
- b) **SUPPORTED** the service's improvement plans and future reporting arrangements to the Rutland Children and Young People's Partnership.
- c) **NOTED** the plans for strengthening SLT participation and impact in the response to the LGA mini review, aligning this with the Early Language Support for Every Child (ELSEC) pathfinder and SEND Change Programme Partnership.

B) EARLY LANGUAGE PATHWAY TASK AND FINISH GROUP

Report No. 07/2024 was received from Councillor Tim Smith, the Portfolio Holder for Children and Families, Dawn Godfrey, Strategic Director of Children and Families and Janet Dowling, the Family Hub Programme Manager at Rutland County Council. During the discussion, the following points were noted:

- It was confirmed that the information from the Speech and Language Therapy Service as requested by the Children and Young People's Partnership and detailed in 4.2 of the report, had been provided as part of the report presented by the Head of Service for Families, Young People & Children's Services at Leicestershire Partnership NHS Trust.
- The Board supported the future work being proposed including the stakeholder meeting in January 2024 and the creation of an Early Language Pathway Task and Finish Group.

RESOLVED

That the Board:

- a) **NOTED** the contents of the report.

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Janet Harrison left the meeting and Duncan Furey and Ian Reynolds joined the meeting at 2.25 p.m.

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9 ARMED FORCES COVENANT DUTY AND HEALTH INEQUALITIES

Report No. 11/2024 was received from Karen Kibblewhite, Head of Commissioning & Procurement and Mitch Harper, Strategic Lead – Rutland, Public Health and was presented by Ian Reynolds, Armed Forces Officer at Rutland County Council. During the discussion, the following points were noted:

- Dawn Godfrey, Strategic Director of Children and Families (DCS) confirmed that RCC officers had been to Cyprus to work with armed forces colleagues before families moved to Kendrew Barracks. Each SEND child had been assessed regarding the level of support required and a school place found. This ensured that support already identified in a current Education, Health and Care Plan (EHCP) would continue without the need for a new EHCP to be completed when the family arrived back in the UK.
- Cases and referrals regarding the Armed Forces community could be made to the Op Community; an Armed Forces Single Point of Contact (SPOC).
- Ian Crowe, Armed Forces Representative, confirmed that funding for the Op Community had been extended until December 2024.

RESOLVED

That the Board:

- a) **NOTED** the progress made against the action plan which supports the delivery of the Armed Forces Covenant Duty;
- b) **ENDORSED** the approach to amalgamate actions from all previous needs assessments and surveys in relation to the Armed Forces in Rutland
- c) **CONSIDERED** any additional actions partners could undertake to support the Armed Forces Community in Rutland, and any additional identified issues to be included.

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Ian Reynolds left and Sammi Le-Corre joined the meeting at 2.54 p.m.

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10 RUTLAND PRO-ACTIVE CARE DEMENTIA PILOT

The Board received a presentation from Sammi Le-Corre, Senior Integration & Transformation Project Officer at NHS Leicester, Leicestershire and Rutland. During the discussion, the following points were noted:

- Funding from the Better Care Fund (BDF) for a Social Prescriber to sit within the RISE team would be discussed at the next meeting of the Rutland Mental Health Neighbourhood Group.
- Pre-support was provided by Age UK to all people on the waiting list for the Memory Service though Dr Janet Underwood, Chair of Healthwatch Rutland noted the affordability implications to service users of the travel costs to/from the support group meetings.

- The Council's Adult Social Care Services such as RISE, Admiral Nurses, Care Coordinators etc all connected to and worked with external services.

RESOLVED

That the Board:

- a) **NOTED** the progress to date and the projects achievements.
- b) **SUPPORTED** the plan for a BCF funded Social Prescriber to sit within the RISE team.

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Sammi Le-Corre left the meeting at 3.17 p.m.

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11 LLR LEARNING FROM LIVES AND DEATHS: PEOPLE WITH A LEARNING DISABILITY AND AUTISTIC PEOPLE (LEDER)

Report No. 14/2024 was received from David Williams, Group Director of Strategy & Partnerships, Leicestershire Partnership NHS Trust & Northamptonshire Healthcare NHS Foundation Trust. During the discussion, the following points were noted:

- The median age at death for a person with a learning disability or autism in Rutland was 62 – same as the national average.
- Aspiration pneumonia was the biggest cause of death. Giving people extra time when eating would help prevent the inhalation of food.
- The LeDeR 'TOP TEN things you can do to help...' should be shared widely as a priority.
- The NHS priority care recording system included a 'disability marker'. This was not always used when information was entered so inaccurate records were produced. Discussions would be held with the different services e.g. care homes, GP's etc regarding the correct recording of information on to the system.

RESOLVED

That the Board:

- a) **SHARED** the annual report widely;
- b) **PROMOTED** the key learning points across all services;
- c) **NOTED** the considerable disparity in life expectancy for people with a learning disability and autistic people;
- d) **RECOGNISED** that one third of deaths were potentially preventable.

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Sammi Le-Corre and Kelly McAleese joined the meeting at 3.30 p.m.

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12 HEALTH AND CARE COLLABORATIVE (HCC)

A verbal update was received on the Health and Care Collaborative from Mitch Harper, Strategic Lead – Rutland, Public Health, Sammi Le-Corre, Senior Integration & Transformation Project Officer, NHS Leicester, Leicestershire and Rutland and Kelly McAleese, Adult Social Care Principal Social Worker and Quality Lead. During the discussion, the following points were noted:

- Rutland has a growing ageing population which was resulting in increased support costs so promoting 'healthy ageing' was a priority.
- Many factors influenced 'healthy ageing' such as physical health, mental health, financial security, lifestyle etc.
- The HCC was still in its early stages as a comprehensive approach was needed including short-term and long-term options.
- Feedback from residents had been gathered with a focus on wealth depleted residents and discussions were held with Healthwatch as part of the project planning stage.
- The message of 'healthy ageing' should be widely and positively communicated.

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Sammi Le-Corre and Kelly McAleese left the meeting at 3.47 p.m.

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13 **JOINT STRATEGIC NEEDS ASSESSMENT: UPDATES & TIMELINE**

A) CHAPTER: SUBSTANCE MISUSE (DRUGS AND ALCOHOL)

Report No. 09/2024 was received from Mike Sandys, Director of Public Health for Leicestershire & Rutland and Susan-Louise Hope, Public Health Strategic Lead. During the discussion, the following points were noted:

- Emerging addictions included such things cannabis edibles, prescription medication and anabolic steroids.
- Vaping was not included as an emerging addiction as there was currently not sufficient data to support this but work would continue with the stop smoking services.
- Joint working with partners e.g. armed forces, veterans, police, Citizens Advice and Healthwatch was important for the key recommendations to be successful especially regarding mental health and substance misuse.
- It was noted that substance misuse i.e. alcohol was linked to older people as 'self-medication' for health, financial or loneliness issues.

RESOLVED

That the Board:

- a) **APPROVED** the recommendations in the substance misuse JSNA and **AGREED** the three key recommendations.
- b) **ENDORSED** the JSNA.
- c) **NOTED** the contents of the substance misuse JSNA.
- d) **AGREED** that constructive engagement and promotion with partners at a local level would be required to ensure the success of the three key recommendations.

14 **JOINT HEALTH AND WELLBEING STRATEGY**

A) JOINT HEALTH AND WELLBEING STRATEGY: UPDATE

Report No. 08/2024 was received from Katherine Willison, Health and Integration Lead at Rutland County Council. During the discussion, the following points were noted:

- Data from Public Health was now up-to-date following conversations and work with Public Health colleagues.
- Work was ongoing to make the Joint Health and Wellbeing Strategy Delivery Plan more accessible to the public.

RESOLVED

That the Board:

- a) **NOTED** the further development of the JHWS Delivery Plan.
- b) **NOTED** the Public Health Data: Update for Rutland and the Public Health Outcomes Framework: Update for Rutland Report.

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Jane Kibble joined the meeting at 4.18 p.m.

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B) HIP FRACTURES AND FALLS PREVENTION

Report No. 10/2024 was received from Katherine Willison, Health and Integration Lead at Rutland County Council and Jane Kibble, Principal Occupational Therapist. During the discussion, the following points were noted:

- More falls were now being recorded as happening within a care home than at a person's own home.
- Support to Rutland residents and work with care homes continued to be provided to reduce the number of falls.

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David Williams left the meeting at 4.25 p.m.

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- Not all cases of a fall in a person's own home were being reported.
- Services were working in partnership as part of the HCC to promote 'healthy ageing' as better health would help reduce the number of falls.

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At 4.27 p.m. the Chair proposed that the meeting be extended for a period of 15 minutes for the agenda to be completed. This was unanimously agreed.

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- It was suggested that data i.e. actual figures were required to better support the project report and its findings.

RESOLVED

That the Board:

- a) **NOTED** the content of the report
- b) **NOTED** the content of the 'Understanding Hip Fracture Data' report and the 'LLR Falls Steering Group – Collective Ambition Statement and Objectives.'
- c) **CONSIDERED** any further commissioning needs or approaches in respect of falls prevention.

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Jane Kibble left the meeting at 4.39 p.m.
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15 BETTER CARE FUND: 2023-2025

Report No. 06/2024 was received from Katherine Willison, Health and Integration Lead at Rutland County Council. During the discussion, the following points were noted:

- Four of the five metrics were not on track to meet target but only by a small margin.
- Rutland data meant dealing with very small numbers so any changes in the numbers resulted in large changes in percentages being recorded.
- Rutland had set itself ambitious targets which were not nationally set targets.
- The work being done as part of the HCC would help support and improve Rutland's data.

RESOLVED

That the Board:

- a) **NOTED** the content of the report.
- b) **NOTED** that the Better Care Fund - Quarter Two Report 2023-24 gained approval from the Chair of the Health and Wellbeing Board and the ICB Executive Team and was submitted to the National BCF Team on 31 October 2023.

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At 4.44 p.m. the Chair proposed that the meeting be extended for a further period of 15 minutes for the agenda to be completed. This was unanimously agreed.
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16 REVIEW OF FORWARD PLAN AND ANNUAL WORK PLAN

The work plan was discussed and the following amendments were agreed:

- The Strategic Director of Children and Families stated that the 'Early Language and Support for Every Child (ELSEC)' item planned for the next meeting could be removed as it had been covered in this meeting as part of the discussion on the Speech and Language Therapy service.
- The Strategic Director of Children and Families and the Public Health Strategic Lead – Rutland agreed to present a report on 'Stop Smoking Services: Vaping' at the next meeting.

17 ANY URGENT BUSINESS

There was no urgent business.

18 DATE OF NEXT MEETING

Tuesday, 30th April 2024 at 2.00 p.m.

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The Chair declared the meeting closed at 4.49 pm.
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